Business Review Worksheet

Is your business fulfilling your life's purpose?

We all have a unique life purpose for which we are the sole key holders. If you are unsure of what your life purpose is, ask yourself this question: What have you been through in your life that uniquely positions you to help others? The answer to that question can guide you. What matters most is to be moved, to love what you do and to be of service.

At this stage in your business do you know what your true purpose is? Are you honoring it? If not, what is getting in your way? Life circumstances? Finances? Fear? Lack of Confidence? Lack of experience? What would your life look like if you stepped onto the path of your true purpose? What would need to change in your business and life?

We invite you to journal on this subject and explore your relationship with your true life purpose. At this point, it's okay to not have the answers or to feel like your purpose seems impossible to honour. Wherever you are, is okay.

You can either print out this worksheet, or copy the layout into your own journal to explore in your own way. We have broken it down to assist you with your thoughtful review and if you feel called, you can also rate each area of your life from 1-10, 10 being the most satisfied.
Be gentle with yourself through this process, being careful not to judge yourself. The areas in your life that are feeling less than ideal are areas that you can work on throughout the course!

Business Health

Without judgement, reflect on your overall business success. Is your business built on a strong foundation? How do you measure the health of your business? Consider client wins, financial success, team growth and other key performance indicators (KPIs.) How would you rate your overall business from 1-10? 10 being the most satisfied.

Business Relationships

Do you consider your business relationships healthy? These may be relationships with staff, clients, partners, competitors, and other industry professionals. Are your business relationships strong? Examine your relationships with your clients, business partners, your team and yourself. Which relationships support the success of your business? And what relationships need your assistance? How would you rate this area of your business from 1-10? 10 being the most satisfied.

Purpose

Does your business reflect your true purpose? Are you sharing your gifts in the way you have intended? Do you feel a sense of purpose connected to your business? How would you rate your business in relationship to your purpose from 1-10? 10 being the most satisfied.

Creativity & Passion

Creativity and passion feed business growth. What are you doing to continue feeding your creative brain? Do you purposely block time for creative brainstorming sessions? Do you feel passionate about what you do in your business? How would you rate this area of your business from 1-10? 10 being the most satisfied.

Finances

Consider the financial health of your business. Is it where you want it to be? What processes do you have to measure your financial health? Are you setting targets and meeting them? Do you feel financially secure in your business? What support can you bring in to help with your finances if needed? How would you rate this area of your business from 1-10? 10 being the most satisfied.

Goals

Have you set short term and long term goals for your business? How often do you revisit these goals to measure progress? Do the goals you originally set still make sense? This would be the perfect time to do some goal setting for your business. Consider each of the areas covered above. Reflect on the vision for your business. Remember this course is about helping you realize your dreams, not adding to your to-do list. How would you rate your ability to set goals for your business and then meet them from 1-10? 10 being the most satisfied.

1 Month	3 Months
1 Year	5 Years

Achieving Goals

As we've previously mentioned, this course is not meant to give you extra tasks on your to-do list. This is for dreaming the big dreams, getting clear on what they are, implementing daily practices and using the energy to achieve your dreams.

This is not to say that a to-do list isn't important in your daily life. Especially in business, an effective to-do list will help you for short and long term goals. Here are some key points in creating an effective to-do list:

- Create a list that is realistic and can be accomplished in that day. This will focus your energy for what is required and promote a feeling of success each day.

- Mark tasks as important, urgent, and routine. This helps prioritize your day.

- Include smaller steps for a larger project. This will help the progression of that project and avoid overwhelm when it comes do deadlines.

- Don't forget to leave time for creative and strategic thinking and planning.

- Best practice is to create your list at the end of each day, for the next day. That way you can easily start your day running.